

Families often want to know, "What can I do at home to help my child?", "What toys do you recommend to encourage speech/language?", "How can I play with these toys to facilitate their development?"

Pediatric Interactions has created "kits" with toys and resources to help parents at home and during telepractice sessions with their therapist. Each kit contains 4 bags, each labeled with a number for the corresponding week. As your child opens each bag with you or your child's therapist, you can refer to a few suggested activities below on how to play with them at home and incorporate them into your daily routines.

More activities to do at home to help your child's development: https://www.pediatricinteractions.com/at-home-activities

USE THESE ITEMS TO SUPPORT YOUR CHILD'S SPEECH/LANGUAGE BY:

PLUSH MONKEY

- Pretend play with the monkey (e.g. make the monkey jump, sleep, run).
- Practice vowel sounds with the monkey (e.g. "ooo ooo ahh ahh).
- Play hide n seek with the monkey (e.g. "Monkey where are you?").
- Practice using prepositions to talk about where the monkey is (e.g. on top, next to, behind, in front of).
- Practice/model 2-3 syllable words (e.g. banana, gorilla, monkey).
- Ask your child to identify body parts (e.g. point to the monkeys eyes, tail, foot, hand, ears, mouth).

BARREL OF MONKEYS

- Toss the monkeys into the barrel. Say "ready, set...." and pause. Wait for your child to indicate "go" (with an action, gesture or saying the word).
- Have your child request for more monkeys to be taken out or put into the barrel.
- Using a pincer grasp (using thumb and index finger), have your child pick up the monkeys and attach them to the other monkeys. Work on counting the monkeys as the group of monkeys get longer.
- Have the child request if the monkeys should go "in" or "out" of the barrel.
- Hide the monkeys around the room and have your child find them and say where they were found. Have them go back "home" into the barrel.

MONKEY COLORING BOOK

- Use crayons and have your child request the colors they want to color with.
- Point to pictures on the coloring page and label the items on the page.
- Color the pages and model longer phrases such as "yellow banana", "jumping monkey".
- If your child is working on speech sounds, have him/her find words with his/her speech sounds in it to color.

MONKEY POUCH

- Use the monkey pouch to produce proper lip rounding. After this lip rounding exercise, practice saying words with "w", "o", "oo": wow, win, way, blow, know, boat, soap, shoe, book, look.
 - ok.
- Fill up the pouch with water or juice to practice quantitative vocabulary words (e.g. big/little, empty/full).
- If your child is working on feeding, put different substances in the pouch, such as thinner or thicker substances.
- Practice having your child make requests, such as requesting to open or requesting what they want to put into the pouch (e.g. juice, milk, water).

VOCAB CARDS

- Download a copy at <u>www.pediatricinteractions.com/</u> carryover-monkeys
- Fill a container with beans or rice and bury the pictures for your child to find and label.
- Hide cards around the room. Give your child clues to find the picture "under the thing we sit on".
- Encourage use of phrases, "I see..," "It's a...".



